

Session summary

Aging Science 02: Nutrition and Aging, 6/14, 2023, 9:40 - 11:10

Nutrition is important for health promotion, prevention of age-related diseases, and extension of health span. Thus, diet is one of the most practical targets for intervention in human aging. This symposium will feature researchers with diverse expertise, including dietary macronutrient balance and metabolic health, beneficial functions of vitamin E for neuroprotection and anti-obesity, potential anticancer effects of a redox-inactive analog of vitamin E, food ingredients for enhancing autophagy activity, and PAR2-mediated chemokine-induced senoinflammation in renal aging.